



It's never too late!

There is no such thing as "too old to exercise". Whatever your age or fitness, you can benefit from doing a bit more physical activity. Try to get out and walk as much as possible within your own limitations

Start at your own level

There is no point wearing yourself out on your first walk. Start gradually, set yourself small targets and goals and build slowly from there. Small changes can make a big difference, the most important thing is to make a start.

Build walking into your daily routine

Any activity is better than none, but to get the most benefit you need to do 30 minutes continuous moderate physical activity on at least 5 days of the week, but this can be broken down into shorter sessions if needed. Any health benefits you have gained will be lost if you don't continue to be active.



Walkers are Welcome

Cleobury Country joined this volunteer led national organisation of affiliated towns in 2010. This status is awarded to towns with well maintained, safe way-marked footpaths and who give a warm welcome to walkers in their accommodation, pubs, cafés and shops. Our area has three active footpaths groups, a supportive Chamber of Trade and a Visitor Information Point.

Cleobury Mortimer Footpath Association

is a member of Shropshire County Council's *Parish Paths Partnership* (P3) scheme.

We have monthly work parties to clear overgrown routes and put in stiles, fingerposts etc to make footpaths more accessible. We also encourage use of local paths by leading walks on some Sundays and by producing a number of guides, including this one, to walks in our glorious countryside.

For more information about walking see

www.shropshirewalking.com

or contact Shropshire County Council Countryside Access Team 0845 6789000

For more information about Cleobury Country or CMFA see

www.cleoburycountry.com

or www.cmfa.co.uk



Cleobury Country Walks



Walk 24: Neen Savage Safari

Length: 2¼ miles (3.5kms) or 6½miles (10.5kms)

Time: 1 or 3 hours

Start: Cleobury Mortimer Golf Club Car Park

Walk Grade: Short Walk Easy, fairly flat and 4 stiles. Long Walk is Energetic.

The longer walk can be made slightly shorter and easier by following lanes from point 5 to 9. But you will miss some beautiful countryside.



View of Clee Hill from point 6

A splendid walk in very quiet rural countryside. The long walk features views over the Wyre Forest and Clee Hills and a short stretch of the River Rea.

This walk starts at our popular golf club where it may be possible to finish with a meal or drink. It is open to non-members

This walk may be difficult in June & July due to crop obstructions.

Walk prepared by Cleobury Mortimer Footpath Association

Walk Directions

1 Go past the shop and along track. Keep on track as it goes sharp left. At bottom of hill go left up steps and straight on. At fingerpost turn right across front of greens into trees and through gate into field. Keep to left edge of field to junction with footpath on left.

2 For short walk, go left into dip then left up to stile. Walk forward across field towards house and over stile to right of house. Continue along track and where it bends right, go left off track to rejoin longer walk at point **11**.

For longer walk, continue along field edge, curving right to concrete track. Turn left along track, uphill then down to large pond on left. Turn left off track before pond and continue along field edge to go through gate into grounds of WALL TOWN FORT (*the remains of a Roman Fort, a scheduled monument*).

3 Turn left along field edge, through field gate then right alongside fence to road. Turn right along road then cross. Go diagonally left to far corner of concrete area and through gate into field. Veer right to next field then across corner of field and through field gate.

4 Turn right along field edge to go over bridge. Follow right field edge uphill then around to the left to stile. Go diagonally right across field to gate onto lane. Turn left along lane for 500 metres, (passing farm track on right) to take footpath on right.

5 Follow footpath diagonally across field towards buildings then left in front of buildings down track to road. Go through gate opposite and straight across field. Do not go through next gate but turn right uphill to top corner of field and through kissing gate.

6 Go downhill along left edge of field. At end take steps down to lane. Go right for 50 metres then through gate on left into field. Go diagonally left through old tree line and continue downhill through old gate onto line of old DITTON PRIORS RAILWAY [*This spur of branch line from Bewdley to Tenbury Wells was opened in 1908. During the Second World War it carried armaments from Royal Navy Depot at Ditton Priors. It closed in 1960.*]

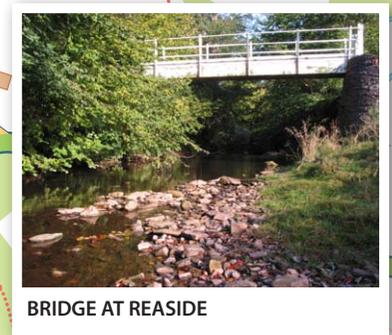
7 Continue down to River Rea. Turn left with river on your right, through gate and over ditch into field. Keep to right edge of field, first alongside river then around left bend to stile in corner.

8 Go over stile and forward, keeping field edge to your left. Continue through gate and in same direction to tarmac track. Go forward to lane. Turn right for 300 metres to private house on left which was NEEN SAVAGE OLD SCHOOL HOUSE [*a School for 20 poor parish boys from 1829 to 1888.*]

9 Take driveway of old schoolhouse and continue past house and through gate into field. At far end, go over stile and through woodland to a stile then footbridge. Continue through gate and uphill along field edge to stile at top (again crossing old railway line).

10 After crossing railway, keep in same direction across field, through farm gate and across next field to road. Cross and continue in same direction (to right of barn) with hedge on left to another road. Cross and go down farm track. Follow track around right bend and through gate. Where track bends left go right off track through trees.

11 Go over stile on right into field. Turn left along field edge to fingerpost and line of trees. Go diagonally right across field to gate in hedge. Cross next field slightly left and over stile. Follow path to road. Go left through trees back to the golf clubhouse.



BRIDGE AT REASIDE